Wexford Manor January Newsletter

CONTACT INFO

Property Manager
Maria Mendez HCCP,SHCM,TCS
Office Hours
(703) 573-8430
mmendez@whdc.org

Resident Services Coordinator
Abby Gurara
(571) 732-2732
agurara@whdc.org

Employment Specialist
Nathan Powell
(703) 634-9385
npowell@whdc.org

Maintenance Supervisor
Alex Arias
AArias@whdc.org

ANNOUNCEMENTS:

- **YOU ARE WHAT YOU EAT:** We want to encourage you and empower you to greater health and well-being. Program will be virtually. Resident will receive gift cards to purchase groceries. Please contact Resident Services Coordinator for more information.

- **Emergency Meals -** This program serves breakfast and lunch meals to children 18 year of age and under. Pick up days
  Monday 5-7 P.M, Tuesday, 10-12P.M

- **Home Work Club-**Does your child need Tutoring/ Homework help? They can join our after school homework club every Wednesday 3:00p.m-4:00p.m at the community Center.

Wexford Manor

Please Note:

If you find that you need assistance, please do not hesitate to come to the Community Resource Center for referral information. There are several resources available within the community.

COVID-19 Rules to Follow in Computer Lab and Community Center

- If you are coming to use the computer lab, the Community Center, or coming to pick up your emergency meals, please remember to:

- Wear a mask
- Socially Distance to keep you and your neighbors safe
- Wash your hands and/or use hand sanitizer

Manager's Corner

- Please remember rent is due on the 1st of every month!
- All Property Management offices are currently closed. If you would like to meet with a Property Manager, please call and make an appointment.
- Residents will be seen by appointment **ONLY**.
- Please be consider to other residents when using the Laundry Rooms.
  -Do not leave your clothes long time, take them as soon as they are done.
  -Do not take things that do not belong to you.
  -Do not Overload the washer machines.

This is a friendly reminder that Wexford Manor Apartments is smoke-free housing. "Smoking" means inhaling, exhaling, burning or carrying any lighted cigar, cigarette, pipe or other lighted smoking device for burning tobacco or any other plant.
Residents and members of Resident's households shall not smoke anywhere in the unit rented by the Resident, nor shall Residents permit any guests or visitors under the control of the Resident to do so.
Violation of this rule is ground for immediate termination of the lease by the Property Manager/ Owner.

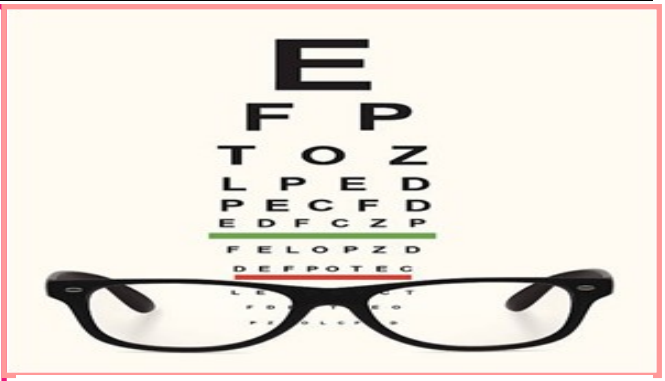
Thank You!
Maria Mendez (Property Manager)

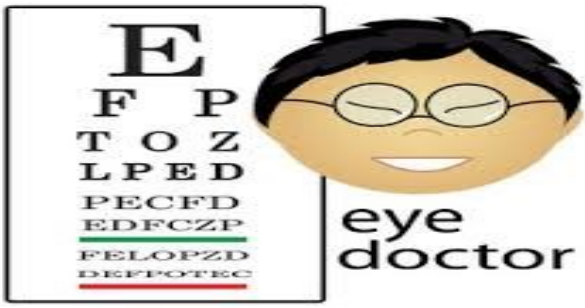
WEXFORD MANOR January Newsletter

EYEGLASSES FOR FREE

Do you have a prescription
for eyeglasses and cannot afford a new pair?
We can help you get a FREE PAIR!

Contact Abby-agurara@whdc.org
or (571)-732-2732 if you have any question.





Questions about Resources and Connections to Services in the Northern Virginia area?

Examples include:

Unemployment, Rent, Food Assistance, Resume Assistance, Medicare and Medicaid Assistance, Arlington County Public School Information , Youth Program, etc.

Contact Abby Gurara , Resident Services Coordinator if you have any question
Email: agurara@whdc.org
Phone: (571)732-2732)

DID YOU KNOW?

These services are available to you at the Community Resource Center:

- Food Assistance
- Job Search Help
- Unemployment application support.

Project Discovery

WEEKLY ON THURSDAYS FROM 3:30PM-5:30PM

College Readiness Program

We are very excited to start our college readiness program for students in grades 7-12! Registration is still open.

Topics Include:
College and Career Goals
SAT Preparation
Homework Help
Teamwork and Leadership Skills

- College and Career Goals
- SAT Preparation
- Homework Help
- Teamwork and Leadership Skills

Neighborhood Health

Health Insurance Medicaid Registration/Renewal

Do you need help with renewing your child's Medicaid? Have question about Medicaid coverage or any questions related to your child's health insurance?

Neighborhood Health has been providing affordable, high-quality medical, dental and behavioral health care for more than 21 years in Northern Virginia.

Services Offered

• Adult, & Senior Primary Health Care • Women's Health & Family Planning • Acute & Chronic Disease Management • Pediatrics (at other Neighborhood Health clinics) • Dental Care (at other Neighborhood Health clinics) • Behavioral Health Counseling • Assistance for Free/Low-Cost Medications • Medicaid/FAMIS/Insurance Enrollment Assistance • On-Site Lab Services • Routine/Employment Physicals • After-Hours Consultatio

Affordable Care for Patients without Insurance

We offer a Sliding Fee discount for anyone who is low income including those without health insurance. We will work with you to ensure you can use our health services. We do not deny care due to an inability to pay. Insurance Also Accepted Medicare,

Neighborhood Health @ Merrifield Center
8221 Willow Oaks Corporate Drive, #450, Fairfax 22031
Phone: 703-237-3446

FOOD RESOURCE UPDATES

Food for Others Neighborhood Sites

Where: 2802 Hollywood Road, Parking lot of Wexford Manor Apartments, South of Savannah Street, Falls Church

When: Wednesday and Friday. 6:30
No Referral needed; bring your own bags!
First Come, First Serve.

Food for Others Referral

Please contact Resident Service Coordinator for referral to Food for Others grocery pick up.

Food for others Warehouse Distribution

2938 Prosperity Ave.
Fairfax, VA 22031

Hours: M-F 9:30 – 5pm

Employment Corner

Looking for a job?
Free Employment Services!

Employment Assistance

Contact Employment Specialist Nathan Powell for any employment needs or concerns.

Please contact our employment specialist Nathan Powell to schedule an appointment.

Nathan Powell
Employment Specialist
WHDC
703-634-9385
NPowell@whdc.org

"Colonial Village has an Amazon account that has new products featured every week. Some of these items include, food, health & beauty, baby &

child care, home & household, men's clothing, women's clothing, children's clothing, and toys. If you would like to receive any of these items for FREE,

call or Email, Abby Gurara ."

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agurara@whdc.org

WEXFORD MANOR January Newsletter

Girl Scouts Nation's Capital is dedicated to providing normalcy for our girls by continuing to provide girl-led spaces whether it be virtual or in-person.

We are looking to provide a total of five sessions (1 hour) where girls (6th-12th) will explore how the media affects their perspective, their sense of beauty and how they can influence their community. Girls will learn the importance of conflict resolution and healthy relationships all while learning how to begin to manage their finances now and for the future.

As for girls in K-5 we have a four session program that focuses on STEM, sisterhood, life skills, space and the outdoors, all while having fun.

In participating in our fall program girls will have a Girl Scout membership. This memberships allows girls to continue to participate in other virtual options or in-person Girl Scouting through September 2021.

If you have questions about other Girl Scout virtual opportunities, please let me know! I can be reached by email at amendez@gscnc.org or by phone at 202-534-3791.

wesley housing

building up

Wexford Manor January Happenings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 6:30 Food for others	3 10:0-2:00 Open Access 3:30-5:30 Project Discovery	1 6:30 Food for others	2
3	4 Emergency Meal Pick Up Hours (5-7)	5 10:0-2:00 Open Access Emergency Meal Pick Up Hours (10-12)	6 Homework Club (3-5) Emergency Meal Pick Up Hours (3-5) 6:30 Food for	7 10:0-2:00 Open Access 3:30-5:30 Project Discovery	8 6:30 Food for others	9
10	11 Emergency Meal Pick Up Hours (5-7)	12 10:0-2:00 Open Access Emergency Meal Pick Up Hours (10-12)	13 Homework Club (3-5) Emergency Meal Pick Up Hours (3-5) 6:30 Food for others	14 10:0-2:00 Open Access 3:30-5:30 Project Discovery	15 6:30 Food for others	16
17	18 Emergency Meal Pick Up Hours (5-7)	19 10:0-2:00 Open Access Emergency Meal Pick Up Hours (10-12)	20 Homework Club (3-5) Emergency Meal Pick Up Hours (3-5)	21 10:0-2:00 Open Access 3:30-5:30 Project Discovery	22 6:30 Food for others	23
24	25 Emergency Meal Pick Up Hours (5-7)	26 10:0-2:00 Open Access Emergency Meal Pick Up Hours (10-12)	27 Homework Club (3-5) Emergency Meal Pick Up Hours (3-5)	28 10:0-2:00 Open Access 3:30-5:30 Project Discovery	29 6:30 Food for others	30
31						

Newsletter Update:

We are excited to share that our monthly newsletters and activities calendars will now be available virtually. They are available on the Wexford Manor Community page located on the Wesley Property Management website.

To access the virtual newsletter, follow these steps:

1. Go to the Wexford Manor Community page on the Wesley Property Management website link below: https://wesleypropertymanagement.com/property/wexford-manor/
2. Click on the button that says "Download Property Newsletter"
3. This will then take you to a PDF of the monthly newsletter.

How to scan the QR code on iPhone & Android:

1. Open the camera app on your phone.
2. Tap the screen so that it puts a box around the QR code.
3. A website link will pop up on the screen.
4. Click on the link and it will direct you to open the PDF.
5. Open the link and it will take you directly to the newsletter and activities calendar.

*If you have any questions, you can contact Cierra Falke, the Resident Services Coordinator at 571-229-7715.

Thank you!

wesley housing
building up

Fairfax County PUBLIC SCHOOLS
ENGAGE • INSPIRE • THRIVE

Office of Early Childhood Curriculum and Grant Management

PREK & EARLY HEAD START

High quality PreK and Early Head Start program at NO COST to income-eligible families, including children with disabilities.

SCHOOL READINESS

HEALTH AND NUTRITION SERVICES

FAMILY ENGAGEMENT

Program Eligibility

- Live in Fairfax County
- Qualify for free or reduced meals
- PreK— age 3 or 4 by September 30
- Limited spaces for age 3
- Early Head Start— age 6 weeks to 2 years (only in Reston, Herndon & Springfield)

NOW ACCEPTING APPLICATIONS FOR SCHOOL YEAR 2021-2022

Classrooms Fill Quickly!
Apply Today!

or
www.fcps.edu Search: PreK

For more information:
English: 703-208-7900 Spanish: 703-208-7901 Email: fcpsprekoffice@fcps.edu

Rev. 12/2020

Fairfax County PUBLIC SCHOOLS
ENGAGE • INSPIRE • THRIVE

Office of Early Childhood Curriculum and Grant Management

PREK & EARLY HEAD START

Programa de PreK y Early Head Start de alta calidad a **NO COSTO** para las familias elegibles según sus ingresos, incluyendo niños con discapacidades.

PREPARACIÓN ESCOLAR

SERVICIOS DE SALUD Y NUTRICIÓN

PARTICIPACIÓN FAMILIAR

Requisitos del programa

- Vivir en el condado de Fairfax
- Calificar para comida gratuita o a costo reducido
- PreK - Tener edad 3 o 4 años antes de septiembre 30
- Espacios limitados para 3 años
- Early Head Start - Desde las 6 semanas de edad hasta los 2 años (se ofrece solo en Reston, Herndon, y Springfield)

YA ESTAMOS ACEPTANDO APLICACIONES PARA EL AÑO ESCOLAR 2021-2022

¡Los salones de clases se llenan rápido!
¡Aplique Hoy!

o

www.fcps.edu

Busque la palabra clave: PreK

Para mayor informacion:

Ingles: 703-208-7900 Español: 703-208-7901 Email: fcpsprekoffice@fcps.edu

Rev. 12/2020

COVID-19 VACCINES IN FAIRFAX COUNTY ANNOUNCEMENT:

Beginning on Monday, January 11, (not before) **people age 75 and older** can call the Fairfax County Health Department ***703-324-7404*** to schedule an appointment for a COVID-19 vaccine.

The phone line hours are Monday – Friday, 9:00 a.m. - 7:00 p.m. and weekends 9:30 a.m. – 5:00 p.m. Phone wait times may be lengthy and it is recommended for the comfort of callers, to place their phones on speaker function as they wait to be connected.

Online registration will also be available beginning on Monday, January 11th. Online registration and vaccine specific information can be found at the website link below:
https://www.fairfaxcounty.gov/health/novel-coronavirus/vaccine
Below is the website link to complete the online COVID-19 vaccine appointment registration:
https://fairfaxcountyemergency.wpcomstaging.com/2021/01/11/online-covid-19-vaccine-appointment-registration-available-now/

Additional information about the pandemic can be found at the website link below:
https://www.fairfaxcounty.gov/covid19/

The website link below shows the announcement that was released about the COVID-19 vaccine:
https://fairfaxcountyemergency.wpcomstaging.com/2021/01/08/vaccinations-begin-week-of-jan-11-for-eligible-1b-populations/

****The Health Department continues to urge the practice of safe behaviors and reminds you that you are safer at home.***